

Lent and Easter Family Prayer Kit:

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This little prayer kit is a simple way to help our families spent time in prayer during Lent and then Celebrate Easter as a family! **Pictures are found further down**

I suggest that you do this simple ritual at Sunday School or Children's Worship beginning on the first Sunday of Lent and continue it weekly until Pentecost so that the children are reminded each week to do this at home with their parents.

I also do not send anything home with the parents, but rather, each child gets their own Prayer Kit and we invite them to be the spiritual leaders of this Lent and Easter Prayer Ritual. As the Bible says, "A child shall lead them!"

The Items for the Kit are placed inside of a small box or Bag (we used purple Bags since it is the liturgical color).

- 1) A small electric candle.
 - A sticker (mailing label) is attached to the candle that wishes the family a Happy and Holy Easter!
 - Then a small strip of purple paper is taped over the candle covering the Easter Message.
- 2) The card that will be used as the family sacred space.
 - The candle will be placed on it each time they pray together.
 - The scripture you are using should be printed on it.
- 3) Blessing Balm.
 - This is optional but I like to include it because there is more chance they will bless each other of it is there as a reminder.

The Lenten Family Ritual (As often as families choose to do it during Lent)

- 1) The family should gather in a circle or around a table.
- 2) Lay the sacred space card in the middle of the table.
- 3) Have one person read the scripture.
- 4) Light the candle and be still for one minute of silent prayer.
- 5) Bless each other.

Please note: This is very simple and is intended to be. Families can always add to it, but it is simple enough that children of all ages can lead it and families can find time to actually do it more often because it takes about 2 minutes.

The Easter Family Ritual (Begins on Easter and lasts the 50 days of Easter).

One Easter morning, invite the families to do the same ritual except they should turn the card over to the Easter side and tear the purple paper off of the Lenten Candle to reveal the Easter candle that was covered!

Please note: Easter is such an important holiday that it lasts 50 days... invite your families to celebrate it for 50 days until Pentecost!





How the plans I have for you declares the Lord, Plans to prosper you and not to harm you, plans to give you hope and a future.

at here
minute



Do not be afraid...He has risen. Matthew 28:5



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Close-up Examples of the Sacred Space Card



